

RACE BOOKLET



2023



Cover photo kindly supplied
by Sportograf

TO THE 2023 DESERT DASH RACE

MARTHA MURORUA, Managing Director of Nedbank Namibia



The Nedbank Desert Dash is here! Following months of rigorous training and careful preparations, the stage is set for the 2023 race. This year's event coincides with the 50th anniversary of Nedbank Namibia's presence in the country. The celebratory atmosphere is profound, and as the title sponsor, we anticipate an exceptionally competitive race.

I would like to extend a warm welcome to all participants, whether local cyclists from Namibia or guests in our own country or hailing from South Africa, Germany, Ireland, Switzerland, Spain, Botswana, Australia, Sweden, Canada, Brazil, Democratic Republic of the Congo, Zimbabwe, United Kingdom, France, Eswatini, The Netherlands, Malawi or the United States.

For first-time visitors to Namibia, we assure you that the country's charm is irresistible, and like many before you, you'll likely find yourself returning. Namibian hospitality is one of a kind. Nedbank Namibia has been proudly supporting cycling in Namibia for over 36 years, providing both local and international cyclists with opportunities to earn global ranking points. The Namibian Cycling Federation attests to the positive impact of Nedbank's investment, stating that it has instilled confidence in Namibian cyclists for international competitions, including the Olympics, All Africa Games and the Commonwealth Games over the past 2 decades.

As a prelude to the coastal holiday season, the Nedbank Desert Dash not only ignites thrilling competition but also stimulates economic activity in coastal towns, injecting millions of Namibian dollars into local businesses. The Nedbank Desert Dash is estimated to contribute over N\$25 million to the coastal economy.

What sets the Nedbank Desert Dash apart is the different aims of the participating cyclists. Many ride not just for victory but also to raise funds for various causes, supporting organisations such as orphanages and educational institutions. This blend of professional cyclists vying for victory and amateurs riding for charity makes this event truly special.

With over 1 000 cyclists participating every year, Nedbank is delighted to witness the enduring popularity of this race. To all participants, both local and international, we welcome you with open arms and encourage you to immerse yourselves in the coastal experience, exploring the attractions here and engaging in the many tour activities that the coast has to offer.

We extend our gratitude to our co-sponsors, including Indongo Toyota, SuperSpar Maerua and SuperSpar Grove, Trek, Hollard, Ciovita, Mannies, Windhoek Lager, the Platz am Meer Centre, Paratus, SlowTown Coffee, NamedSport Superfood, Radio Wave, Kickstart Namibia Innovations Tents, Cymot, Coca-Cola, Oculus, Langer Heinrich, Grove Mall, Bannerman Resources, Walvis Bay Salt, and Welwitschia Hospital, each of them forming an integral part of this iconic gathering.

In the words of Mark Cavendish, 'I never think "If I crash, I'm going to hurt myself". I think "If I crash, I'm not going to win". Everything's about that finish line.' As you embark on this demanding race, we wish you all the best and look forward to seeing you cross the finish line.

Kind regards
Festive wishes,

Martha

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- 10% deposit
- 3-month payment holiday
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New vehicle

30%
balloon payment

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3-5 Years
Used vehicles

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- Win 1 of 4 fuel vouchers to the value of N\$1 500 each.
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NEDBANK

IMPORTANT RULES OF THE EVENT

- Safety is paramount for this event.** Drive carefully and safely at all times. The route is a loose, stony, dirt road with blind rises, steep camber and sharp curves. Be on the look-out for cattle and wild animals (both night and day).
 - Take responsibility for your team (the back-up driver is the 'team captain').
 - Each support vehicle must display the supplied team number stickers on the vehicle: Small A5 - top left front windscreen, larger A4 - top left rear window.
 - No 4-person support vehicles will be allowed to depart Friday after 14h00.
 - All solo, 2-person and Half-Dash support vehicles must take the route on C28 to Check point #2.
The total distance is about 220km. See OVERVIEW for details.
 - Always depart from each Check point as soon as possible after your rider has started the stage.
 - Support vehicles are only allowed to stop at the Check points and the Finish Zone. Stopping at any waterpoints or anywhere else along the route will result in your team's disqualification. Unless special permission has been granted.
 - Vehicles are not allowed to leave the road. Under no circumstances are you allowed to drive against traffic. Only ambulance and official vehicles have permission to do so.
 - No team vehicles may overtake cyclists while descending a slope or hill.**
Vehicles to stay behind cyclists until the road is flat/ascending and it is safe to pass. This is particularly imperative for the last few kilometres to Goanikontes.
- Maximum speed: 80km/h. Passing speed: 40km/h**
- At the Finish Zone in Swakopmund you might be guided by a marshal to a dedicated parking area. Although there will be security guards present, please ensure that all belongings are secure and safe. You're using the parking area at your own risk.
 - Please notify the staff at the respective checkpoint if one of your riders has decided to DNF. This is imperative as we otherwise end up looking for them.

IMPORTANT RIDER INFORMATION

- After sunset, a red rear light visible from behind, must be affixed to either the rider or the bicycle and must stay on while the rider is on the route.
- Ensure that you have sufficient lights and batteries for your night stages.
- Riders may only receive team support vehicle assistance at Check points. Everywhere else you are only allowed to get assistance from other riders. Make sure you are relatively self sufficient and carry some basic spares and tools.
- At Check point #1** only solo and 2-person team riders have access to the Superspar Refresh Zone.
All 4-person team riders as well as their support drivers do NOT have access to the above Refresh Zone.
- If you have to listen to music please just in one ear, the left one! so that you can be aware of traffic. From the start all the way to Kupferberg (checkpoint #1) no music allowed at all please.

IMPORTANT INFORMATION

- ! SOLO riders start at 14:30, 2-person teams start at 15:00. E-Bikes start at 15:15. 4-person teams start at 15:30
- ! Half-Dash riders will start at Hollard / Halfway point 24:00. Cut-off 14:30.
- ! if a team rider does DNF then the rest of the team may continue, but will not get a time nor finishers medal.
- ! Only one rider per team will start at the Grove Mall. All team riders to depart Goanikontes for Stage 5, as in the past.
- ! Back-up vehicles over a maximum weight of 5500kg are not allowed.
No trucks (applies to 4-person teams only).

NB: 4-person back-up drivers:

Seeing that only one rider will start on Stage 1 (Grove Mall until Checkpoint #1 SUPERSPAR 98km) there is no need for the backup drivers to support riders on Stage 1. You will thus be required to depart Windhoek by 14:00 latest on Friday.

The aim is to have a dust-free Stage 1. Any backup vehicles on Stage 1 after the race has started will lead to a 2-hour penalty for your team.

Friday, 8 December

SUPPORT VEHICLE TIMES:

- 14:00 ENSURE THAT YOUR RIDER IS IN THE START CHUTE.
- 14:00 ALL SUPPORT VEHICLES TO LEAVE THE GROVE MALL.

RIDER START ZONE:



























- START CHUTE FOR SOLO RIDERS OPENS AT 13:30, 2-PERSON AT 14:30, 4-PERSON 15:00
- RIDERS MAY LEAVE THE START ZONE - THE BICYCLE HAS TO STAY IN THE START ZONE.

DISTANCE CHART

	TRIP	STAGES
START	0KM	
START - WATERPOINT #1	32KM	32KM
START - WATERPOINT #2	65KM	33KM
START - CHECKPOINT #1	98KM	33KM
START - WATERPOINT #3	131KM	33KM
START - CHECKPOINT #2	174KM	43KM
START - WATERPOINT #4	215KM	41KM
START - CHECKPOINT #3	261KM	46KM
START - WATERPOINT #5	309KM	48KM
START - CHECKPOINT #4	345KM	36KM
START - FINISH	397KM	50KM

OFFICIAL TELEPHONE NUMBERS

Chief Race Official 1: Sat phone:	(+264) (0) 81 128 4794 +870776211182	Leander Borg
Chief Race Official 2: Sat phone:	(+264) (0) 81 124 0320 +870776211183	Mannie Heymans
Time Keeping & Race Administration:	(+264) (0) 81 122 6638	Brendan Dickenson
Chief Medic: Medic Sat phone:	(+264) (0) 81 247 3391 +870776211185	Percy Openshaw
Official sweep: Sat phone:	(+264) (0) 81 222 9162 +870776211186	Mate Uiras
Goanikontes Checkpoint:	(+264) (0) 64 405 976	

	Check Point		Cyclist Route
	Water Point		Support Vehicle Route
	Warnings		Alternative Route
	Marshal		2-Person Support Vehicle Route
	Start / Finish		General Arrow
	Gravel Road		Tar Road
	Route Checker Sticker		Road Number
	Bridge		Parking
	Warning Notes		No Parking
	Notes		No Entry
			Distance Marking
			Latitude + Longitude
			Pipeline
			River / Ocean
			Railway Track
			Fence

SUPPORT VEHICLES

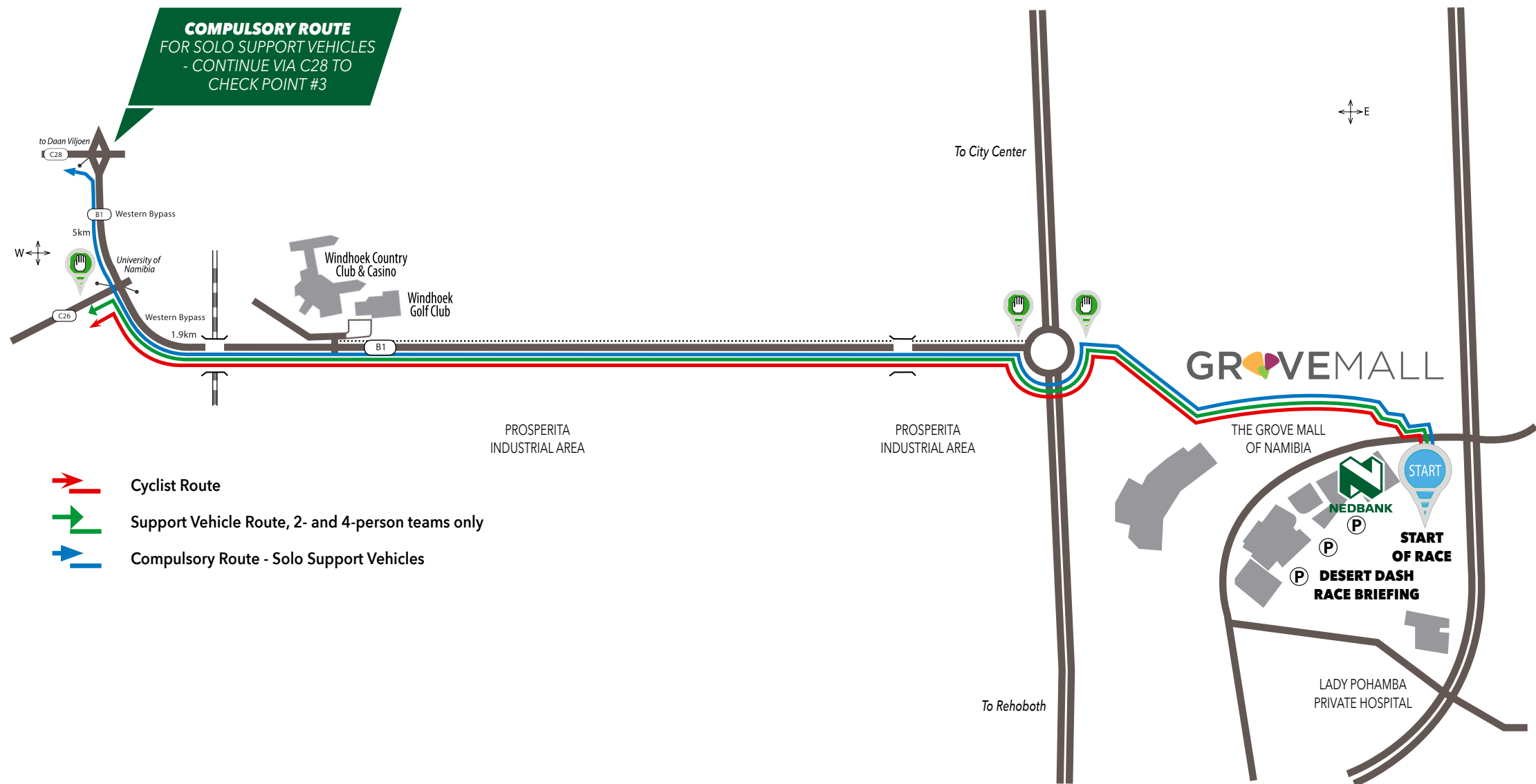
80km/hr - MAXIMUM SPEED FOR DURATION OF THE ROUTE
40km/hr - MAXIMUM SPEED WHEN PASSING RIDERS

Teams WILL BE penalised when their driver exceeds the speed limit

4-Person Team Backup vehicles to leave bypass latest 14:00

Late vehicles will result in 2-hour penalty for the team

COMPULSORY ROUTE
FOR SOLO SUPPORT VEHICLES
- CONTINUE VIA C28 TO
CHECK POINT #3



7305 Sunsets 340 000 Smiles



Thank you Namibia
for 20 years



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72 months repayment

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and Demo Vehicles

Final giveaway draw will be done 1 March 2024

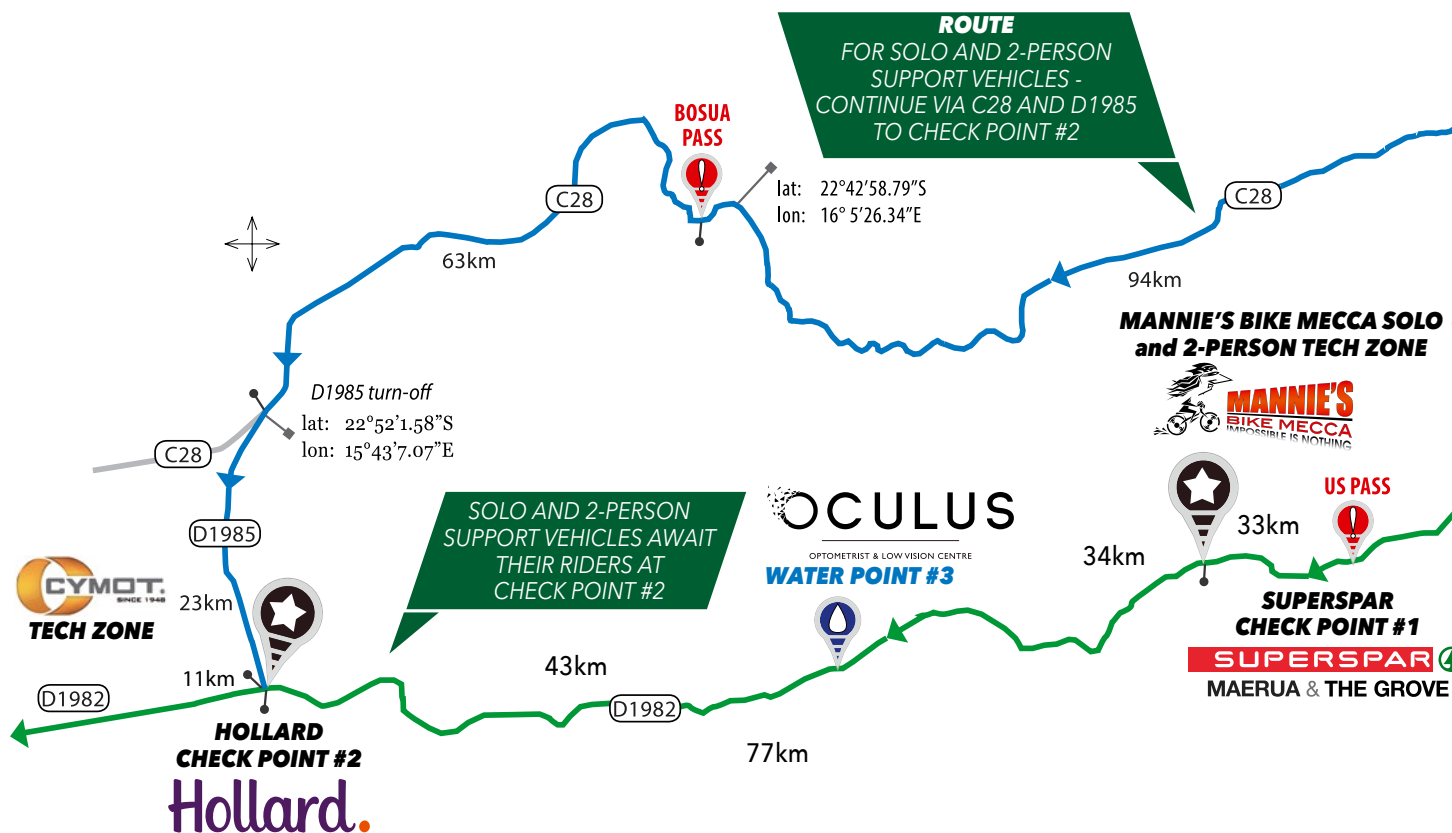


*T's & C's apply *Valid 16 October 2023 to 28 February 2024

Indongo TOYOTA

SUPPORT VEHICLES TO CHECKPOINT#2

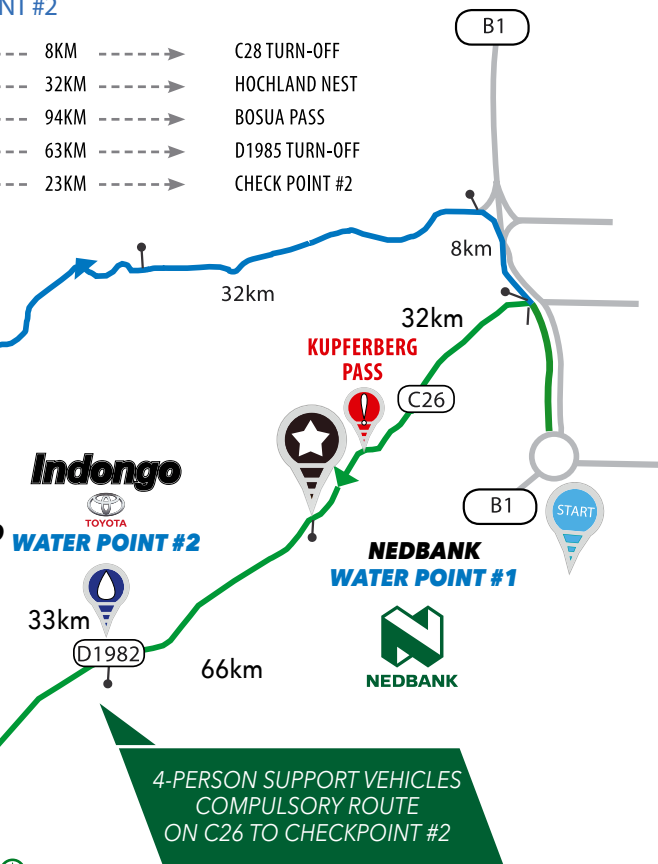
- 4-Person Support Vehicle Route
- Solo and 2-Person Support Vehicle Route



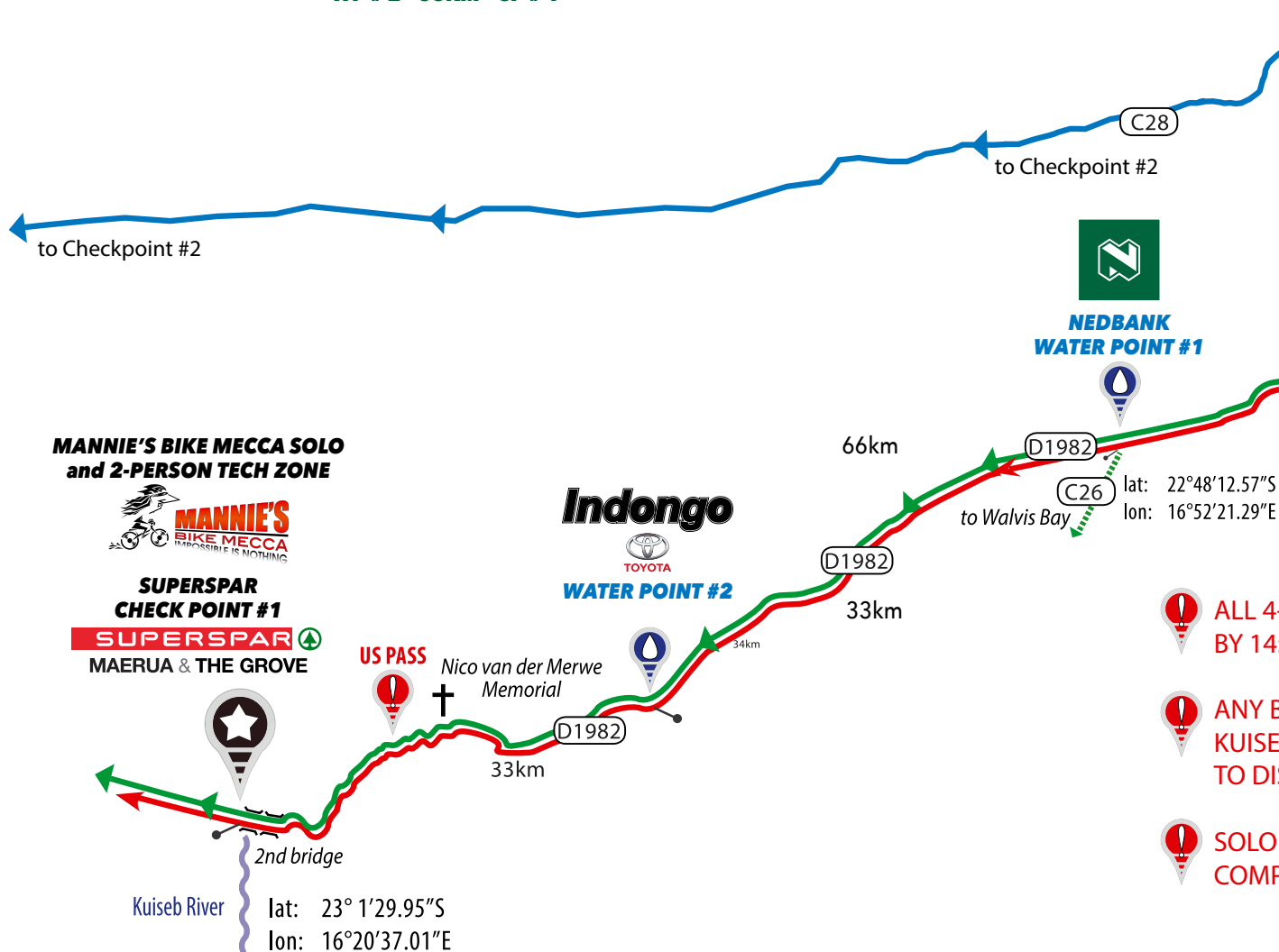
SUPPORT VEHICLES TO CHECKPOINT#2

ROUTE FOR SOLO AND 2-PERSON BACKUP VEHICLES:
START TO CHECK POINT #2

START	←----- 8KM -----→	C28 TURN-OFF
C28 TURN-OFF	←----- 32KM -----→	HOCHLAND NEST
HOCHLAND NEST	←----- 94KM -----→	BOSUA PASS
BOSUA PASS	←----- 63KM -----→	D1985 TURN-OFF
D1985 TURN-OFF	←----- 23KM -----→	CHECK POINT #2



START - 32KM - WP #1
WP #1 - 33KM - WP #2
WP #2 - 33KM - CP #1



MANNIE'S BIKE MECCA SOLO and 2-PERSON TECH ZONE



SUPERSPAR CHECK POINT #1

SUPERSPAR MAERUA & THE GROVE

Indongo



WATER POINT #2

US PASS

Nico van der Merwe Memorial

NEDBANK WATER POINT #1

KUPFERBERG PASS

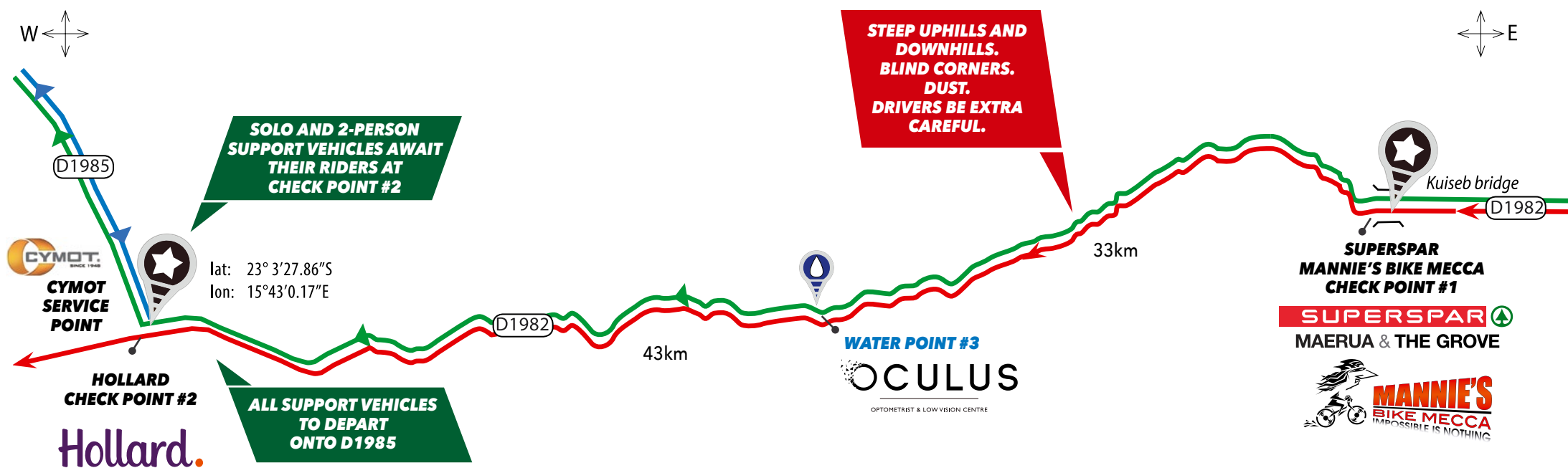
START - CP #1 = 98KM

- ALL 4-PERSON BACKUP DRIVERS TO DEPART WINDHOEK BY 14:00 LATEST.
- ANY BACKUP VEHICLE ON ROUTE TO CHECKPOINT #1 / KUISEB / SUPERSPAR WHILE THE RACE IS ON WILL LEAD TO DISQUALIFICATION OF YOUR TEAM.
- SOLO AND 2-PERSON BACKUP VEHICLES TO TAKE COMPULSORY BLUE ROUTE C28

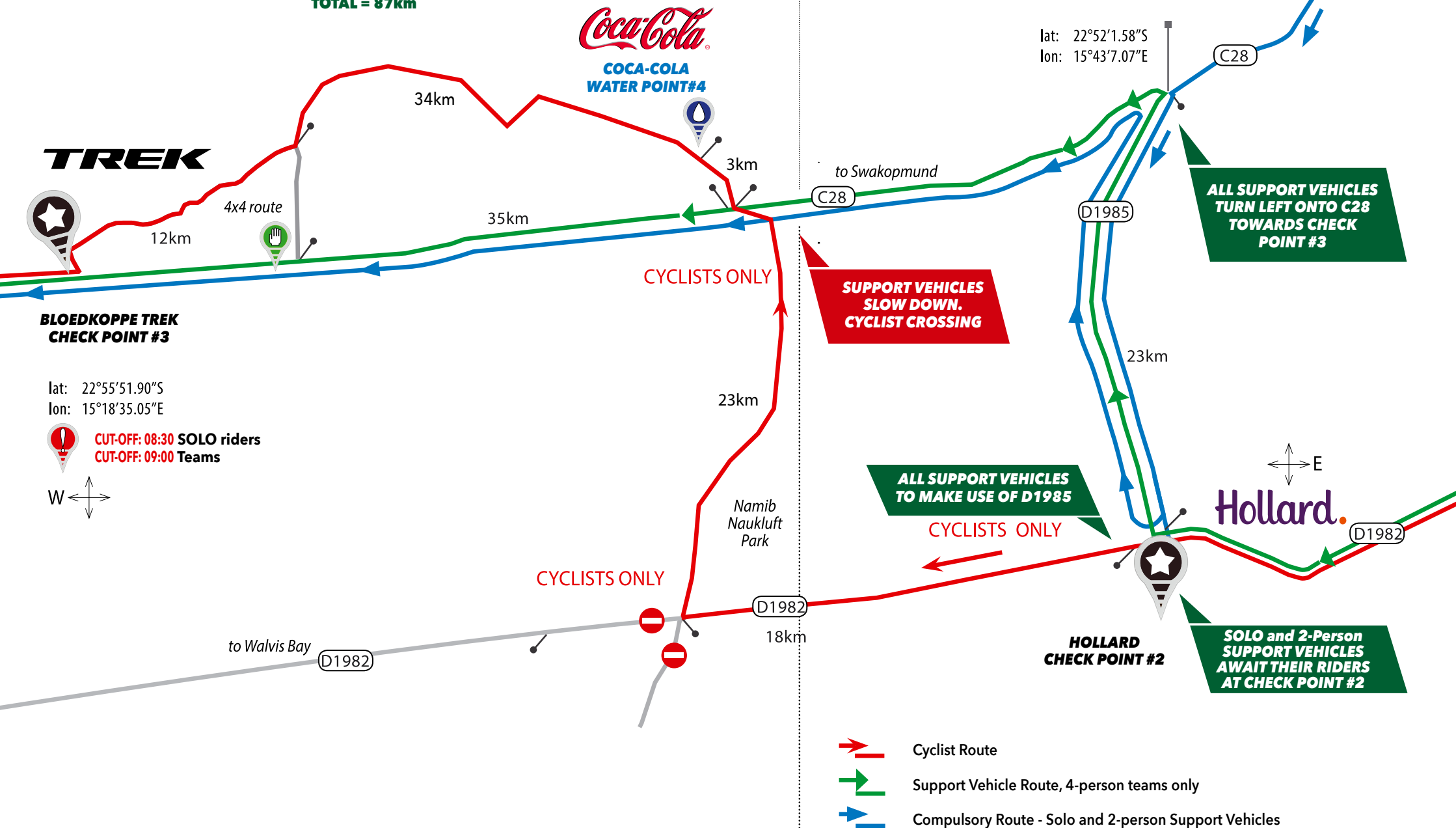
- Cyclist Route
- Support Vehicle Route, 4-person teams only
- Compulsory Route - Solo and 2-Person Support Vehicles

CP#1 = 33km - WP#3 - 43km - CP#2
TOTAL = 76km

CP#1 = 33km - WP#3 - 43km - CP#2
TOTAL = 76km

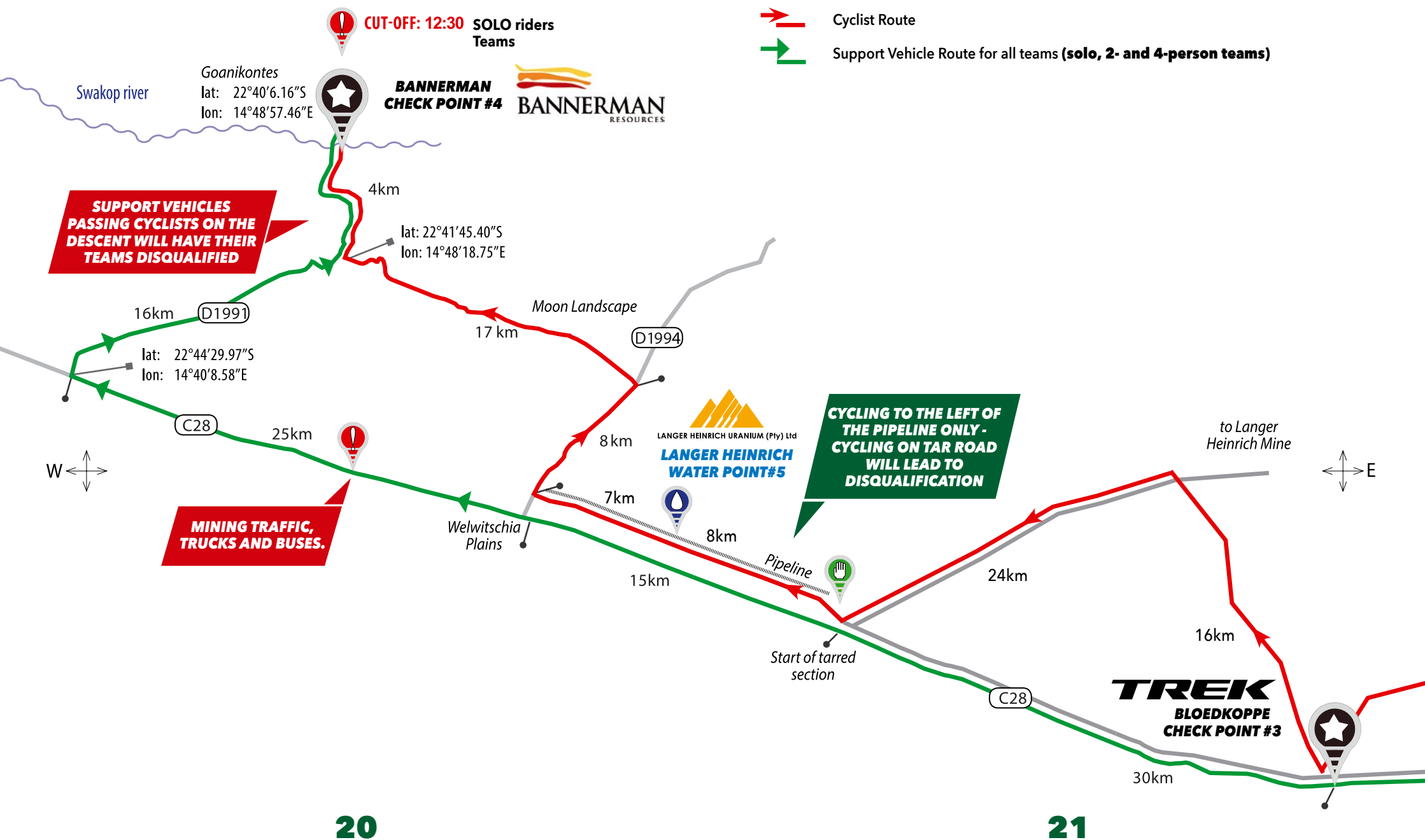


CP#2 - 41km - WP#4 - 46km - CP#3
TOTAL = 87km



CP#3 - 48km - WP#5 - 36km - CP#4
TOTAL = 84km

CP#3 - 48km - WP#5 - 36km - CP#4
TOTAL = 84km



CP#4 - 50km - CP#5

CP#4 - 50km - CP#5

**HIGHWAY.
APPROACH WITH CAUTION.
HAZARDOUS AREA.**

lat: 22°31'52.86"S
lon: 14°52'14.30"E

**T-JUNCTION.
TURN LEFT
INTO MAIN
ROAD.**

18km

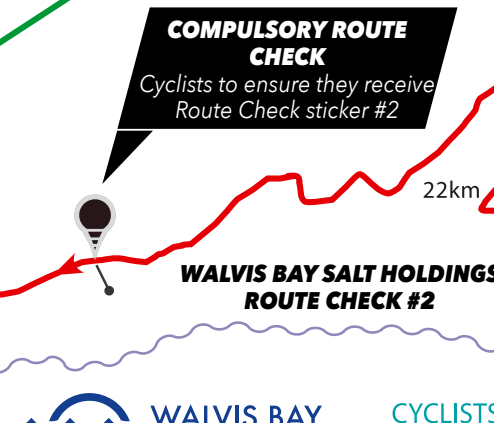
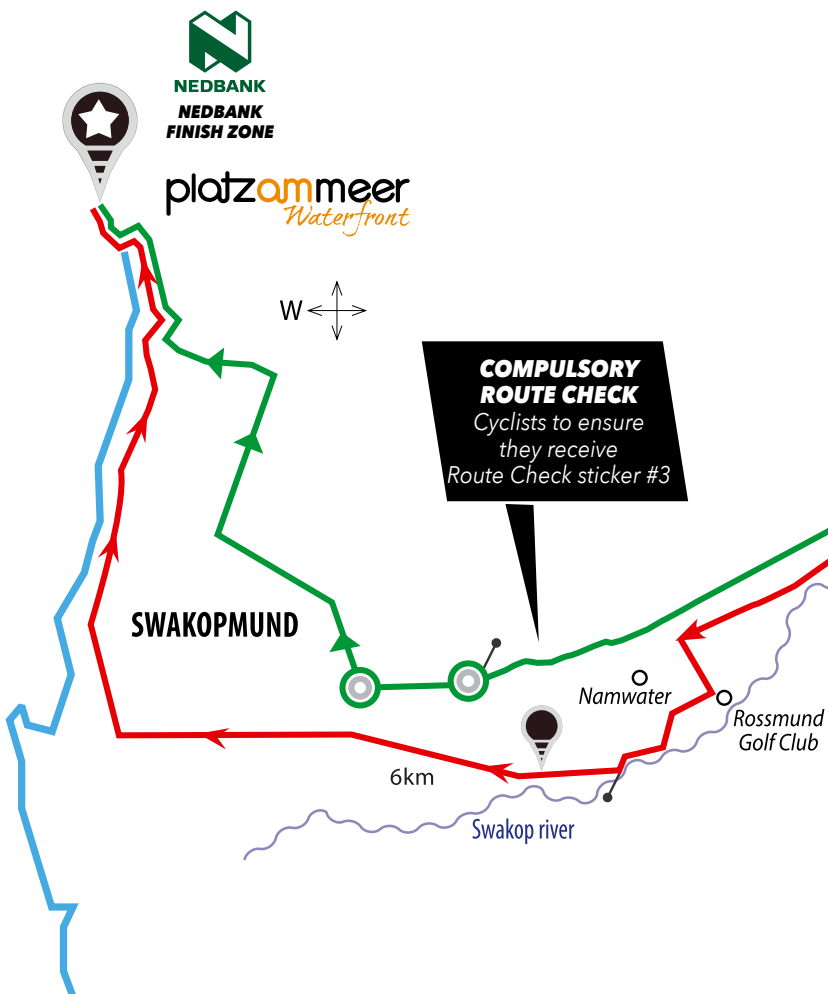
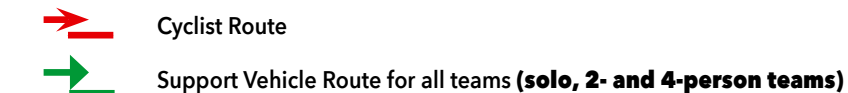
**ALL SUPPORT
VEHICLES FOLLOW
THE ROUTE TO B2**

Goanikontes
lat: 22°40'6.16"S
lon: 14°48'57.46"E

BANNERMAN CHECK POINT #5



BANNERMAN
RESOURCE



Town Route



Cyclist Route



Support Vehicle Route for all teams (**solo, 2- and 4-person teams**)

platzammeer
Waterfront

**NEDBANK
FINISH ZONE**

FINISH ZONE

1. Complete team to enter the Finish Zone together.
2. The finishing time is determined by the last team rider over the finish line.

Vineta

Vrede Rede Avenue

C34

Tamariska

Mondesa

Nelson Mandela Avenue

C34

Central Sports Field

B2

C34

B2

Center

B2



Winning is part of our name, so it's no wonder that we've won **GOLD** at the 2022 DLG Awards.



**Not For Persons Under The Age Of 18.
Enjoy Responsibly.**

2023

2023

SOLO MEN

No.	Name	Surname
1094	Markus	Adam
1002	Peter	Adrian
1003	Deon	Agenbag
1004	Pieter-Jan	Alberts
1005	James	Alexander
1006	tamati	anantias
1007	Niklaas	Andreas
1008	Jaco	Anthonissen
1009	Hendrik Marius	Anthonissen
1010	Ralf	BÄær
1011	Mike O	Baartman
1012	Michael	Baker
1013	Phillip	Barnard
1014	Kasper	Bester
1015	Clauss	Beukes
1017	Dawid	Blaauw
1019	Fanus	Bredenhann
1182	Hendrik	Brits
1020	Alaric	Britz
1021	Andreas	Brunner
1022	Petri	Bruwer
1023	Horace	Burden
1024	Hardus	Burger
1025	Schalk	Burger
1026	Pascal	Burr
1027	Stephen	Chase
1070	Gino	Chiappini
1169	Adriaan	Cloete
1028	Michael	Cocklin
1031	Jaco	Davel
1032	Dusty	Day
1033	Coen	De Kock
1162	Danzel	De Koe
1034	Tristan	de Lange
1179	Philip	De Vos
1036	Jan	de Vries

SOLO MEN

No.	Name	Surname
1037	Johann	de Wet
1038	Ahg	Denk
1039	Jaco	Dorn-Schnirring
1040	Antony	Drebes
1041	Pieter	du Plessis
1042	Francois du Toit	Du Toit
1170	Hans	du Toit
1043	Andy	Durham
1166	Michael	Elmiger
1067	Adriaan	Els
1044	Ryno	Engelbrecht
1177	JD	Engels
1045	Marc	Epler
1046	Jaun-Claude	Erasmus
1047	Roberto	Esteban
1048	Pieter Willem	Esterhuizen
1049	Oliver	Faas
1050	Stefanus	Feris
1051	Adrian	Fingerlin
1052	Berno	Fourie
1053	Paulus	Gabriel
1054	Ludger	Garding
1165	John	Goddard
1055	Morne	Gouws
1056	Andre	Gouws
1164	Sven	Gräf
1057	Michael	Grant
1058	Ian	Grassow
1059	Reino	Greeff
1060	Hernus	Groenewald
1061	Timmo	Grossmann
1062	Jaques	Hanekom
1063	Sascha Marcel	Harris
1064	Hans	Hashagen
1065	Herman	Hattingh
1066	Martin	Havenga

SOLO MEN

No.	Name	Surname
1158	Nathaniel	Henckert
1068	Stefan	Hils
1069	Hentie	Hough
1071	Albert	Hurter
1072	Siegfried	Jank
1073	Gareth	Jooste
1075	Alwyn	Jordaan
1076	Gert	Jordaan
1077	Dawie	Jubelius
1079	Dike	Kamundu
1080	Jackson	Kapuka
1081	Roger	Kear
1082	Eddie	King
1083	Shawn	Kirschner
1160	Theo	Klein
1084	Johan	Knoester
1086	Nick	Korb
1087	Michael	Kropiwoda
1088	Fana	Lambert
1089	Sias	Le Roux
1163	Henri	Lesewitz
1090	Pieter	Liebenberg
1091	Etienne	Lombard
1001	Konny	Looser
1093	Pascal	Marggraff
1095	Lester	Meyer
1096	Cobus	Moolman
1097	Michael	Mortimer
1098	Graeme	Mouton
1099	THERALD	MURCH
1100	Gabs	Mutoka
1180	John	Mutesi
1101	Johan	Myburgh
1102	JACOBUS	Myburgh
1103	Beat	Nachbur
1104	Hardus	Nel

SOLO MEN

No.	Name	Surname
1105	Tiaan	Nel
1106	Jan	Nel
1107	Horst	Neumann
1108	Jones	Nghaamwa
1109	Sybrand	Otto
1110	Daniel	Otto
1111	Eduardo	PÄ©rez GonzÄ¡lez
1112	Karl	Parkinson
1113	ROLAND	PEACOCK
1114	Henk	Pepler
1115	Janusz	Piatkowski
1116	Axel	Poser
1117	Johan	Potgieter
1161	Kai	Pritzen
1118	Marc	Pritzen
1184	Dean	Rosin
1120	Vaughn	Roux
1122	Jurgen	Sander
1123	Robin	Schelling
1124	Michael	Schempp
1125	Kurt	Schneider
1126	Stephan	Schoeman
1127	Hendrik	Scholtz
1128	Willem	Schoonbee
1183	dana	schutte
1129	OTENG	SEBONEGO
1130	Jason	Shikalepo
1159	Ananias	Shilongo
1131	Craig	Shoebridge
1132	Robert	Sibold
1176	Herman	Simon
1133	Stephen	Slaughter
1134	Harry	Smal
1135	Shaun	Smee
1136	Alexander	Smith
1181	Ruan	Smith

2023

SOLO MEN

No.	Name	Surname
1157	Edgar	Stafford
1137	Coenraad	Steenkamp
1138	Rick	Steffen
1139	Gerry	Steinberg
1140	Brandon	Stiger
1142	Graham	Suffield
1143	Nicolaas	Swart
1144	Bennie	Theron
1145	Eckhard	TrÃ¼mper
1146	Olaf	Trenner
1147	Danie	van Aswegen
1148	Jacques	Van Coller
1149	Petrus	Van Der Merwe
1167	Kevin	Van Huyssteen
1151	Freddy	van Zyl
1175	Mark	Van Zyl
1152	Scip	Vernede
1178	Wesley	Wallace
1153	Christiaan	Weilbach
1154	Juan	Wessels

SOLO WOMEN

No.	Name	Surname
1201	Melanie	Baumann
1202	Susanne	Behrendt-Haenlein
1172	Rinaldi	Botes
1203	Claudia	Bredenhann
1035	Yolande	De Villiers
1204	Marcelle	Eloff
1205	Carla	Erasmus
1206	Nicola	Fester
1207	Cindy	Friebel
1208	Monika	Grossmann
1209	Nina	Holtrup
1174	Anine	Jordaan
1210	Karla	Labuschagne
1211	Tracy	Nyamuda
1168	Ingrid	Olivier
1119	Jenny	Roenngren
1212	Yvonne	Roodt
1213	Bianca	Silberbauer
1173	Christelle	Snyman
1214	Steffi	Steinberg
1215	Riana	Swiegelaar
1217	Rebecca	Van Huyssteen
1216	Belinda	Van Rhyn

YEAR

MEN

TIME

2005	no solo category	
2006	Johan Fourie	19h35
2007	Mannie Heymans	15h15
2008	Mannie Heymans	13h13
2009	Arno Viljoen	14h07
2010	Mannie Heymans	12h13
2011	Emiliano Ballardini	13h52
2012	Dan Craven	14h54
2013	Dion Guy	16h02
2014	Nichol Jordaan	15h46
2015	Konny Looser	15h03
2016	Konny Looser	14h37
2017	Konny Looser	13h55
2018	Konny Looser	14h22
2019	Konny Looser	14h42
2020	Konny Looser	14h45
2021	Tristan DeLange	14h54
2022	Drikus Coetzee	15h17

YEAR

WOMEN

TIME

2005	no solo category	
2006	no solo rider	
2007	Claire van Aardt	23h47
2008	Claire van Aardt	21h18
2009	Hannelie Steyn-Kotze	16h28
2010	Zoe Mitchell	17h04
2011	Kristina Weber	16h36
2012	Maritza Terblanche	21h31
2013	Maritza Terblanche	20h23
2014	Lulu Ceronio	20h08
2015	Rene Schoeman	19h11
2016	Rebecca Robisch	17h48
2017	Rebecca Robisch	16h09
2018	Rebecca Robisch	17h17
2019	Vera Adrian	17h10
2020	Irene Steyn	17h52
2021	Irene Steyn	19h25
2022	Yolandie DeVilliers	17h50

2023 PRIZE MONEY N\$ 467 300,-

SOLO PRIZE MONEY

SOLO MEN

1st	2nd	3rd	4th	5th
N\$ 39 000	N\$ 22 000	N\$ 15 000	N\$ 9 000	N\$ 8 400
6th	7th	8th	9th	10th
N\$ 5 500	N\$ 4 400	N\$ 3 300	N\$ 2 200	N\$ 1 100

SOLO WOMEN

1st	2nd	3rd	4th	5th
N\$ 39 000	N\$ 22 000	N\$ 15 000	N\$ 9 000	N\$ 8 400

2 PERSON TEAMS

2 PERSON MEN

1st	2nd	3rd
N\$ 25 000	N\$ 14 000	N\$ 10 000

2 PERSON WOMEN

1st	2nd	3rd
N\$ 25 000	N\$ 14 000	N\$ 10 000

2 PERSON MIX

1st	2nd	3rd
N\$ 25 000	N\$ 14 000	N\$ 10 000

4 PERSON TEAMS

4 PERSON MEN

1st	2nd	3rd
N\$ 19 000	N\$ 11 000	N\$ 9 000

4 PERSON WOMEN

1st	2nd	3rd
N\$ 19 000	N\$ 11 000	N\$ 9 000

4 PERSON MIX


1st	2nd	3rd
N\$ 19 000	N\$ 11 000	N\$ 9 000



RIDE BIKES HAVE FUN FEEL GOOD

TREK

WATERLOO, WISCONSIN | SINCE 1976



**Gear, preparation
and great support.**

Good luck to all riders!

SUPERSPAR 

MAERUA & THE GROVE

SUPERSPAR MAERUA

Maerua Lifestyle Centre, Centaurus Road
Windhoek, Namibia

Tel. (+264) 61 - 383 000, Fax. (+264) 61 - 383 009

SUPERSPAR THE GROVE

The Grove Mall of Namibia - Upper Floor
c/o Chasie & Frankie Fredericks Road, Kleine Kuppe,
Windhoek, Namibia

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